

STUDIO5

Resource Guide

# WOMEN'S HISTORY MONTH

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# REFLECTION GUIDE



Thank you for your interest in engaging more with this topic. Below, you will find Reflection questions for you to consider and self-reflect on.

If you are interested in leading a discussion with others, the Discussion prompts can help you guide a meaningful conversation.

## REFLECTION

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- How have women leaders and activists influenced you personally and professionally?
- How do you address gender bias and promote inclusivity in your daily interactions?
- What does Women's History Month mean to you, and how does it inspire your commitment to equity and inclusion?

## DISCUSSION

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- Why is it vital to celebrate women advocating for equity, diversity, and inclusion, especially in marginalized communities?
- How can collaboration between individuals, organizations, and governments address systemic barriers to gender equality?
- Share successful initiatives promoting equity for women. How can they be replicated or adapted?
- How can individuals, regardless of gender, act as allies in promoting gender equality? What actions can they take to support women's advocacy?
- How can individuals navigate resistance and build consensus for equity, diversity, and inclusion?

# OUR PANEL OF GUESTS



**DR. TERESA DEVEAUX**  
Organization Development Educator



**JENNIFER SIRANGELO**  
President and CEO at Points of Light



**ELEANOR ARLOOK**  
North America Equity & Justice Practice Lead (SVP), APCO Worldwide



**JENNIFER JO COBB**  
American Stock Car Racing Driver

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The theme of this year's Women's History Month, established by the National Women's History Alliance is "Women Who Advocate for Equity, Diversity, and Inclusion." We recognize the dedication of women across the nation who tirelessly advocate for the elimination of bias and discrimination, striving for fairness in institutions and social interactions while spearheading innovative initiatives to promote equity, diversity, and inclusion, ensuring a future where everyone is embraced and empowered to thrive.



*National Women's History Alliance*

***Who are the women in your community or organization that you will honor?***

# RESOURCES

For even more amazing examples of celebrating women in media, art, and other forms of storytelling, check out these additional resources. Also, be sure to support women businesses and creators!



## PODCASTS

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**What Makes Us Stronger**, Women for Women

**The Guilty Feminist**, Deborah Frances White

**Call Your Girlfriend**, Aminatou Sow, Anne Friedman and Gina Delvac

**Intersectionality Matters**, Kimberlé Crenshaw

**The Feminist Lens**, Peris Thuo and Nina de Ayala Parker

## BOOKS

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**We Should All Be Feminists** by Chimamanda Ngozi Adichie

**The Moment of Lift: How Empowering Women Changes the World** by Melinda Gates

**Sister Outsider: Essays and Speeches** by Audre Lorde

**Eloquent Rage: A Black Feminist Discovers Her Superpower** by Brittney Cooper

**Hood Feminism: Notes from the Women That a Movement Forgot** by Mikki Kendall



# STUDIO5

Curious to learn more about our Cultural Celebrations programming?

Let's have a conversation.

**Adam Mischlich**

[adam@studio5learning.com](mailto:adam@studio5learning.com)